

Dance Levels & Discipline: Ages, Day, Time

Level	Age (as of Dec. 31, 2018)	Discipline	Day	Time	Shoes	Bodysuit unless alternate outfit suggested	Tights
Twos on Tippy Toes	2		Thur.	10:00-10:30	Ballet	Pink	Pink
Tiny Tots	3	Ballet	Tues.	10:00-10:30	Ballet	Pink	Pink
		Ballet	Wed.	3:00-3:30	Ballet	Pink	Pink
Pre-Kinder	4	Ballet	Tues.	10:30-11:00	Ballet	Lilac	Car.
		Ballet	Tues.	3:00-3:30	Ballet	Lilac	Car.
		Tap	Thurs.	10:30-11:00	Black Tap	Lilac	Car.
		Tap	Thurs.	3:00-3:30	Black Tap	Lilac	Car.
Kinder	5	Ballet	Tues.	3:30-4:00	Ballet	Coppen Blue	Car.
		Tap	Thurs.	3:30-4:00	Black Tap	Coppen Blue	Car.
		Jazz	Thurs.	4:00-4:45	Black Jazz	Coppen Blue	Car.
		Acro (primary)	Tues	4:45-5:45	Bare feet	Choice of colour	Car. Stirup
Primary	6-7 (7 no previous dance experienc	Ballet	Tues.	4:00-4:45	Ballet	Royal Blue	Car.
		Tap	Wed.	3:30-4:15	Black Tap	Royal Blue	Car.
		Jazz	Wed.	4:15-5:00	Black Jazz	Royal Blue	Car.
		Acro	Tues	4:45-5:45	Bare feet	Choice of colour	Car. Stirup
Level 1 (last year's Primaries)	7-9 (9 no previous dance experienc e)	Ballet	Tues. (main	3:30-4:30	Ballet & Char	Choice of colour	Pink
			Thurs. (opt.	3:30-4:30	Ballet & Char	Choice of colour	Pink
		Tap	Tues.	4:30-5:30	Car. Tap	Choice of colour	Car.
		Jazz	Thurs.	4:45-5:45	Car. Jazz	Choice of colour	Car.
		Acro (additional dance class required)	Wed.	3:30-4:30	Bare feet	Choice of colour	Car. Stirup
Level 2	8-10	Ballet	Tues.	4:30-5:30	Ballet & Char	Choice of colour	Pink
			Thurs.	3:30-4:30	Ballet & Char	Choice of colour	Pink
		Tap	Tues.	3:30-4:30	Car. Tap	Choice of colour	Car.

Accelerated Rec. 1 (Pre-Teen)	10 - 12 Rec dancers	Jazz	Thurs.	4:30-5:30	Car. Jazz	Choice of colour	Car.
		Main Ballet	Wed.	6:00-7:00	Ballet	Choice of colour	Pink
		Opt Ballet (Level 3)	Thurs.	3:15-4:15	Ballet	Choice of colour	Pink
		Tap	Wed.	5:00-6:00	Car. Tap	Choice of colour	Car.
		Jazz	Thurs.	6:15-7:15	Car. Jazz	Choice of colour	Car.
		Acro	Tues.	5:45-4:45	Bare feet	Bodysuit or Shorts & top	Car. Stirup
Accelerated Rec. 2 (Teen)	13 and up Rec dancers	Main Ballet	Tues.	7:45-8:45	Ballet*	Choice of colour	Pink
		Opt Ballet (Level 4)	Thurs.	5:15-6:15	Ballet*	Choice of colour	Pink
		Tap	Wed.	5:00-6:00	Car. Tap 561	Choice of colour	Car.
		Jazz	Thurs.	5:45-6:45	Car. Jazz	Choice of colour	Car.
	Acc. Rec.	Acro	Tues.	5:45-6:45	Bare feet	Choice of colour	Car. Stirup
Contemp	Level 2-4	Contemp.	Wed.	4:30 - 5:30	Ballet	Bodysuit or Shorts/jazz pants & top	Car. Stirup
Hip Hop	12 Beginne	Hip Hop	Tues.	3:30-4:15	Runners	Bodysuit or Shorts/jazz pants & top	
	Level 2-3 (ages 8-12)		Wed.	4:30 - 5:30			
	Level 4-6 (ages 12+)		Wed.	6:30 - 7:30			
Highland	1 year or less	Highland - Level 1	Mon.	4:45-5:45	Black Ballet Shoes	Bodysuit or Shorts & top	Knee Highs
			Wed.	3:30-4:30			
	More than a year	Highland - Level 2	Mon.	5:45-6:45	Highland		
			Wed.	4:30-5:30			
Adult	Adult	Ballet	Wed.	6:30-7:30	Ballet	Clothing that allows for movement	
		Tap	Wed.	7:45-8:45	Black Tap		
		Beginner Tap	Wed.	7:00-8:00	Black Tap		
		Jazz	Thurs.	8:15-9:15	Jazz		
		Hip Hop	Tues.	8:15-9:15	Runners		
Intro	3-4	Intro	Sat.	10:00-10:45	Ballet & Black Tap	Lilac	Car.
	5-6		Sat.	10:45-11:30	Ballet & Black Tap	Royal Blue	Car.